

## Year of Prayer

### *Preparing for the Jubilee Year*

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. **Amen.**

**- The Lord's Prayer**



*“The Lord’s Prayer  
‘is truly the summary  
of the whole gospel.’”*  
Catechism of the  
Catholic Church 2761

## Prayer of St Anselm – Seeking God

O Lord my God,  
teach my heart this day,  
where and how to find you.  
You have made me and re-made me,  
and you have bestowed on me all the good things I possess,  
and still I do not know you.  
I have not yet done that for which I was made.  
Teach me to seek you,  
for I cannot seek you unless you teach me,  
or find you unless you show yourself to me.  
Let me seek you in my desire;  
let me desire you in my seeking.  
Let me find you by loving you;  
let me love you when I find you. **Amen.**

